

Hiking/Camping Trips - Essential Gear List for Diversity Camps Pty Ltd

Dear Camp Participants,

As you prepare for your upcoming camp experience with Diversity Camps Pty Ltd, we want to provide you with an **essential gear list** to ensure your comfort and safety during the program. Please take note of the following items:

Footwear:

Lightweight lace-up walking boots or shoes with ankle support and treaded soles are essential. Please ensure that your boots/shoes are worn-in to minimize the risk of blisters and check that the soles are securely attached.

Clothing:

- Polar fleece jacket (preferred), woollen jumper/pullover, or thin lightweight down or synthetic puffer jacket.
- Light jumper for warmth.
- Beanie and gloves or mittens.
- Shorts and/or light walking trousers.
- Thermal base layer (long-sleeved top and long johns) made of merino or polypropylene.
- Warm, long pants for evening lodge wear.
- Shirts/t-shirts made of merino or polypropylene (we recommend bringing two depending on length of trip).
- Socks (at least three pairs recommended depending on length of trip).
- Underwear.
- Lightweight non-slip footwear (crocs/sports sandals) for use in the lodge and bathrooms.
- Sun hat and sunscreen.
- Travel towel or body chamois (lightweight and quick drying) for showering.
- Water bottle(s)
- Small travel mug or keep cup for hot drinks during the day on the track.
- Head torch.
- Sunglasses.
- ***Denim and cotton clothing are not suitable for walking.***

Recommended Gear

- Walking poles (to assist with balance and muscle fatigue). Only if your on a hiking or camping trip
- Waterproof over pants (highly recommended, particularly in winter months).
- Camera and spare batteries or USB (Type A) power cord for the camera.
- USB (Type A) cable if you wish to charge your mobile phone. If the power outlet end of your phone cable is not USB Type A, please bring a USB wall charger as well.

- Optional: Bathers, small mirror (especially for contact lens wearers), face masks for the duration of your trip.

Please note in colder climate:

Layering of clothing is essential. Add or remove layers according to temperature changes.

We aim to keep your pack weight to a minimum, so pack one set of warm clothes for the evening and another set for walking.

Thermals are lightweight, quick-drying, and warm, making them necessary for your comfort.

Sometimes the lodges/accommodation will not have laundry facilities. Packing according to the list should suffice for the duration of the camp.

Prior to departure, our staff will conduct a thorough gear check. If you have any uncertainties about the gear list, please contact us.

If you have any questions or require further clarification, please don't hesitate to reach out to us. We are more than happy to assist you in any way we can.

We look forward to providing you with an unforgettable camp experience!

Best regards,

Diversity Camps Pty Ltd